

Game On

Sports Development Newsletter

Spring 2009

Multi Sports Camp

During the February half term Wychavon District Council and Wychavon Leisure teamed up to put on a Multi Sports Camp at Evesham Leisure Centre. Starting on 16th February this five day camp offered lucky boys and girls aged 8-12 years the opportunity to take part in a collection of different sports throughout the day. This ranged from life saving, dance, badminton, tri golf, rugby, multi sports, kayaking and much more.

With a huge selection of sports on offer this was a unique opportunity for the children to try something new and exciting during the school holidays. Only a maximum of 30 places were available for each day therefore demand for the camp was very high.

Wychavon District Council Community Sports Coaches who delivered the sessions were delighted with the enthusiasm and effort of those who took part. They were impressed by their **'give it a go'** attitude considering a number of participants had never tried some of the activities on offer. Feedback for the camp from parents and children was very encouraging: **'Enjoyed all of it!'** **'Fantastic!'** **'Had a great time!'** **'It was very exciting & fun!'** **'Cool!'** **'A very enjoyable week for Zak!'**

Huge thanks must go out to Evesham Leisure Centre, Evesham Kayak Club, Evesham Life Saving Club and Droitwich Rugby Club who all played their part in ensuring the children who took part enjoyed a sport tastic week.



If you are a business in the Wychavon area that is connected to sport – WE CAN HELP YOU!!

We have an opportunity for local businesses to advertise in 'Game On' the Sports Development Newsletter (subject to space and availability). If you would like to place an advert here please email us details of you and your business and we will get back to you.

 **WYCHAVON DISTRICT COUNCIL**
good services, good value

We need you!!! What do you think about the local events and activities the Sports Development team are putting on for you? Do you have an ideas or suggestions for things we can do? Then please tell us! If you have any questions, comments or suggestions about the activities we are providing for you, please contact Mark Williams on 01386 565229 or email mark.williams@wychavon.gov.uk.

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What is change4Life?

Change4Life is a new initiative supported by the department of health which is designed to educate people about diet, health and lifestyle decisions. It targets children in particular and its main goal is to **'to help every family in England eat well, move more and live longer.'**

Why Should I Join Change4Life?

Once you have signed up to the initiative you will receive important information and tonnes of exciting ways in which you and your family can change your lives for the better. This will come in the form of games, tools, tips and a free personalised welcome pack.

Where will I find Change4Life?

The initiative is being broadcasted on television, radio, local parks, schools and supermarkets just to name a few. Change4Life has also set up an exciting and fun website for kids; www.nhs.uk/change4life. Here you are able to all access all the information you need and find out what's going on in your local community. Why not sign up? What have you got to lose?

Free Sports Taster Sessions

From September 2008 the Community Development Team at Wychavon District Council have been offering 2 free multi-skills/sports taster sessions for community groups including youth groups, uniform groups, guides, scouts etc. These sessions are delivered by one of our Community Sports Coaches and are available across a wide range of sports such as cricket, football ultimate Frisbee, hockey, rugby plus many more.

Drakes Broughton Youth Club are just one of a number of community groups who decided to take up this exclusive offer. Their club chairman saw this as a fantastic opportunity and booked the free sessions for November and December in 2008. Both sessions were well attended and created a great deal of interest within the village. Feedback for Community Sports Coach Tim Brown who delivered the two sessions was very positive with parents saying; **"Thanks Tim my kids had a brilliant time" & "Can you come every week that was fantastic?"**

The response received from the sessions was fantastic news for the club who had recently folded emphasising a need for this type of activity for young people in Drakes Broughton. Due to interest created the club has now reopened and have booked Community Sports Coaches up until September. By offering high quality sessions throughout the summer the club is looking to maintain this level of interest and attract even more young people.

**For information on free taster sessions contact
Emma Gardner on 01386 565182
emma.gardner@wychavon.gov.uk**

School Teachers Brush Up On Their Coaching Skills

On 5th January a number of teachers at Harvington first school were given the opportunity to pick up some hints and tips about coaching during an inset training morning with Wychavon District Council Community Sports Coach Marc Kings. Teachers were shown a variety of games centred on multi skills and indoor athletics focusing on the fundamental skills needed for all sports. Teachers benefited from the training gaining

the knowledge and confidence to enable them to set up these types of sessions during and after school time.

School P.E co-ordinator Mrs K Bates was amazed with how much the teachers had learnt in such a short time. She said; **'Thanks Marc, training was fantastic and the staff had a great time! Thanks for the games, they will be used!!'**

Sporting Stars Shine at Wychavon Awards

Sporting Stars from across the District had their achievements recognised on Wednesday 28th January 2009 during Wychavon District Council's annual Sports Recognition Awards for 2008. Presented by the Chairman of the Council Cllr Jo Sandals and the Executive Board Member for Leisure, Culture and Regeneration Cllr Tom McDonald, the evening was a great success and there was no shortage of Wychavon sporting talent.

Andrew Walters from Broadway Bowling Club won the Senior Male Sports Personality of the Year Award for an outstanding season which included selection to represent England in the Bowls International Open. Andrew is also a very popular member at the club and is always seen to be encouraging new players into the sport.

Emma Gooderham picked up the Senior Female Sports Personality of the Year Award for her commitment and success in running. Representing her Country, Emma finished 6th in the European Championships and 13th in the World Championships and still found the time to support / organise races in the local community.

Passionate talented windsurfer Josh Macklin won the Junior Male Sports Personality of the Year Award for his achievements at a national competition gaining 4 individual silver medals and a gold medal for the South West team. Josh is also a keen sea cadet recently being promoted within his unit based in Evesham.

Winning the Junior Female Personality of the Year, Samantha Spencer a sports all rounder greatest achievement came when she reached the last 26 for the England Canoe trials. Heavily involved in leadership and coaching Samantha represented Droitwich High School at the Droitwich/Worcester leadership academy.

Russell Adams from Gaudet Luce Golf Club coached his junior team to the West Midlands Junior League title finishing 5th in the regional finals. For a brilliant attitude and enthusiasm towards the sport and the work he carries out with the English Blind Golfer Association and the County Junior Golfers, **Russell was awarded the Coach of the Year Award.**

For their fantastic team effort for reaching 5th in the West Midlands Junior League **Gaudet Luce Junior Golf Team also won the Junior Team of the Year Award.**

Representing the West Midlands at the national championships finishing 4th in 100m, winning silver in the javelin and is the national champion in the shot putt, **Lizzie Grinnell is an extremely talented athlete and deserving winner of the Disabled Sports Personality of the Year Award.**

Volunteer of the Year Award winner and proud chairman of Pershore Cricket Club for 15 years, Roger Wilkes likes to take very hands on role mainly as a scorer. He is also a major fundraiser for the club and spends lots of time tending the sports field and property, without Roger the club would be lost.

Founded only 3 years ago and working towards F.A. Charter Standard, **Crowle Searchers Junior Football Club won the Sport England Community Sports Award.** With support from parents and the local village, club members regularly take part in community activities and fund raising events and play football too.

With their commitment to 10hrs of training per week, reaching the semi finals of the Midlands Floodlit League and being fantastic role models to the school, **Droitwich High School Football Education Programme won the School Sports Award.** The well structured education programme aims to develop learning and sporting skills through high level coaching and advanced level learning.

Outstanding Contribution Award winner John Reid has been the backbone of Evesham rowing club for up to 40 years and has found himself in a number of key roles including treasurer and lifetime president. He has also played a major role in both local and county level tennis devoting many hours to the service of tennis.

All the Wychavon winners have been nominated for the County Sports Partnership Awards to be held at Worcester Warriors RFC on the 4th March. Find out how they got on in the next exciting issue of 'Game On'.

WINNERS FROM THE INDIVIDUAL AWARD CATEGORIES:



Pictured from left; Back row; 2 Crowle Junior Football Team Coaches, Roger Wilkes, Andrew Walters and John Reid. Front row; Samantha Spencer, , Russell Adams, Cllr Tom McDonald, Chairman - Cllr Jo Sandals, Josh Macklin's mother (who collected the award on his behalf), Lizzie Grinnell and Emma Gooderham.

WINNERS FROM THE TEAM AWARD CATEGORIES:



Pictured from left; Gaudet Luce Golf Club - Junior Team, Cllr Tom McDonald, Chairman - Cllr Jo Sandals and Droitwich Spa High Football Education Programme Team.

Interview

with Marc



NAME & ROLE

Marc Kings – Multi Skills/ Multi Sports Community Sports Coach.

BACKGROUND

I've worked for the Worcestershire FA centre of excellence programme, coached at the disability centre and helped promote 'the kick racism out' campaign. In my spare time I also coach a number of local sports team and spent 3 months in Southern California (2007) coaching soccer camps.

LIKES

All sports, PS3, watching films, going to the gym, meeting new people, DANCING and making people laugh.

DISLIKES

Not being able to play football because I'm always injured.

FAVOURITE MUSIC

R&B but into all types of music as long as I can dance to it!

FAVOURITE FILM

All dancing films, there's not one I haven't seen. I'll watch anything from war films to high school musical.

IDOL

Tim Brown... um... I mean Chris Brown – NOW HE CAN DANCE.

HOW CAN YOU MAKE A DIFFERENCE

With the right coaching the kids of today could be the stars of tomorrow. To see the children develop confidence, increase their passion and enjoyment of sport by improving as individuals gives me a great feeling of achievement.

You are invited to the WYCHAVON COMMUNITY ACTION PARTNERSHIP COMMUNITY ACTION PARTNERSHIP FUNDING FAIR

The fair will take place on Tuesday, 31st March, from 5-8pm at The Old Library, Droitwich.

Its purpose is to offer all Wychavon based groups the opportunity to seek guidance from a variety of potential funding sources. Here information will be made available on where to apply for funding and how to go about doing it. Advice will also be available on financial management and organising fundraising activities.

If you are able to drop in or want further details please contact Clair Chittenden on 01905 799569 or email: info@wcap.org.

Wychavon Community Grants Scheme

If you are looking for funding to help support a community project then why not apply for a Wychavon community grant? There is £75,000 up for grabs for projects that are well planned, meet local needs, have community support, involve local people and can meet the full costs through grant aids and other contributions.

This years theme is 'sustainability' and may include;

- Development of new and improved facilities which can be maintained for future generations.
- Installing energy efficient lights at a sports club.
- Paying for a professional coach to come in to help improve existing knowledge and techniques at a club.

Application packs are available from the 2nd March and applications must be fully completed and sent back by noon on Friday 29th May. No applications will be accepted after this date under any circumstances.



For a grants application pack please contact Tracy Grubb 01386 565168 tracy.grubb@wychavon.gov.uk or visit one of our community contact centres.

Veteran Hockey Player

Pip Sirell who is Droitwich Hockey Club's oldest player reached an unbelievable milestone on Saturday 31st January when he competed for the Droitwich 4th' team at the tender age of 70. This landmark game was made even more special as Pip was up against Evesham Hockey Club the very first team he played against. To commemorate this special occasion Kevin Pugh, 4th team captain organised a presentation prior to the game.

Pip is renowned for his goal scoring ability and is very well known in hockey circles having competed for England at international level. This truly is a proud day for both Pip and the club & shows that if you keep yourself fit and maintain that level of enthusiasm anything is possible. .



Coaching Courses



The County Sports Partnership are setting up a number of courses across the county, these include;

- Safeguarding and Protecting Children
- Long Term Athlete Development (LTAD)
- Coaching Disabled People in Sport
- Equity in Your Coaching
- FUNdamentals of Movement
- First Aid

These in conjunction with more sport specific courses are available throughout Herefordshire & Worcestershire.

To find out more and to book a place please visit www.morethansport.com.

Evesham Vale 10k Race

Following the success of last year's first ever Evesham Vale 10k race with an incredible 482 entrants, Evesham Vale Running Club are planning to stage an even bigger and better event this year on 12th July. Entrants from 15 and upwards are welcome and forms are available on the club website www.eveshamvalerunningclub.org.uk.



U12's 6-a-Side Cricket Tournament & Fun Day

On Sunday 5th July
Persore Cricket Club



Calling all under 12 local cricket teams. The tournament will bat off at 10am & run throughout the day.

In addition to the cricket there will be:

- target shooting •tombola •skittles •bouncy castle
- raffle & various other side shows.

A bar & bbq will also be available providing a fantastic day out for the whole family.

Teams wishing to enter the competition will have to pay a small £10 registration fee with only 8 teams able to enter on a first come first served basis.

For more information call
Malcolm Dalley on 07977 140 336.

Annual Wychavon Parish Games

Saturday 27th June sees the start of the much anticipated Wychavon Parish Games, held throughout Wychavon.

This historic event has been celebrated annually since the jubilee year - 1978 giving residents from the individual parishes of Wychavon the chance to compete in a series of sporting events including **angling, bowls, darts, skittles, rounder's, five a side, pool, table tennis, cross country and much more.** The games are open to everyone and organised by a very able band of volunteers for the past 30 years. They are lots of fun and supported by a number of local businesses.

Bell Boating will kick off the games with a series of knock out events starting in late August carrying on until mid November. Following this is a presentation evening for the winners and runners up of each event, hosted by last year's winners - Drakes Broughton.

Trophies are also up for grabs for the overall winners, runners up, the best small Parish and an award of Merit.

To find out more contact Sue Collins on 01905 841269 or email suecollins@aol.com

Your Voice

Wychavon Leisure – 50+ Walking Group

If you enjoy the countryside and would like to keep fit then the Wychavon Leisure – 50+ Walking Group is ideal for you. The group is based at Droitwich Spa leisure centre arranging 4 to 5 mile walks every Tuesday & another on the first Thursday of every month. The walks are welcome to everyone but are designed for those over 50 to have enjoyable & relaxing days in the countryside. If you fancy giving it a go please telephone Rowland Jones on 01905 774828.

For additional information on walks in your area visit www.worcestershire.gov.uk/countryside or get in touch with Alison Williams 01905 768289 or email awilliams3@worcestershire.go.uk.

PERSHORE TOWN FOOTBALL CLUB



Why are they celebrating?

The club has just been awarded F.A Charter Standard which is fantastic news. This shows that they have achieved the required standards set by the F.A in coaching, administration and child protection for working with young children. This would not have been possible without all the hard work carried out throughout the club.

At the moment the club is desperately seeking enthusiastic players to join their U11's boys team and U15's and U11's girls team. In addition it is always looking for adults who would like to get involved as a volunteer in some way. With more support the club will be able to build on its already impressive reputation. If you are interested contact club secretary Teresa Cosnett on 07866767073 or email tcosnett@googlemail.com.

DROITWICH SPA BOYS & GIRLS FC



Why are they celebrating?

Droitwich Spa Boys & Girls FC is celebrating their 30th anniversary this season having formed way back in 1979. The club has experienced an enormous transformation since it was first set up by Steve Duggan and the late Rob Cavanagh. Incorporating a girl's team 8 years ago and now boasting 350 players ranging from 5-15 years great credit must go out to everyone who have been involved with the club over the years and to those who help run it now. The club which recently helped to promote the 'respect' campaign for referees is looking to build on this achievement and celebrate another successful 30 years in local football. Get in touch with Beccy Ricketts for more information on 07973442354 or adr.express@virgin.net.

Club Focus

Ever thought about fencing?

Club: Droitwich Spa Fencing Club.

Location: Welcomes Fencers of all levels holding sessions every Tuesday at Dodderhill School. FENCING TIMES: Juniors: 7pm – 8.15pm & Seniors 8pm – 10pm.



CONTACT: Simon Axon 01905 772213 OR e-mail secretary@droitwichfencing.co.uk or visit www.droitwichfencing.co.uk