



## Youth Bus Update - May 2016

Welcome to the May edition of our newsletter. This month we will be talking about the completion of Charlie's joint project with the Youth Bus and the University of Worcester, and about the upcoming launch of a new, exciting way we will be encouraging our youngsters to get active and keep fit. **Don't miss our 'Thought for the Month' at the end too.**

### THE BUS RETURNS TO CROPTHORNE

Last month the bus returned to Crophorne for the first time in four years and the turn out was great. Feedback from local young people was extremely positive. It was good to see them getting involved and having fun on the bus – it's successful sessions like this that really prove how important it is to build upon the relationships we form with local people, and why we provide the service we do.



The bus was really popular with a wide age range of 8-15 year olds in Crophorne.

**A huge thank you to Councillor Will Clive, a member of Crophorne Parish Council, who played a huge part in helping to organise and promote the session.** We look forward to continuing our partnership with more sessions over the summer and in the longer-term with support from the parish council.

## 'GlowSports Worcestershire' Launch Week 8–15 July 2016

We are excited to announce that several youth providers in Wychavon will soon be **launching UV Spectra Sport sessions with GlowSport™ equipment.** This will be delivered around the Evesham area and young people will be able to get involved in glow-in-the-dark activities including glow-in-the-dark table tennis, badminton and volleyball. The project has been **funded by Rooftop Housing to encourage physical activity for young people.**

Get the latest dates and news in our next issue. **You can find out more about GlowSports here.**

**Come along to one of our sessions at Wallace House, Evesham Adventure Playground, Inkberrow, Offenham or Outside Youth Centre and have some fun – #GetReadyGLOW.**



## OUR NEW SIGNPOSTING LEAFLET

You may remember in our **March issue** that we visited **South Worcestershire College** to get the views of students on a new leaflet we were developing. Well, that leaflet is now printed and **FREE** copies of it are available to our young people on the bus.

The name of it – **'Here to Help You'** – actually came from one of the students at the college. It was really hard to pick just one as all the students were coming up with really good ideas.

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For more information contact Rob Mace or Charlie Rainey on 07773 031205 or email youthbus@wychavon.gov.uk.





The purpose of the leaflet is to raise awareness of the online support available to 12-18 year olds, with the primary aim being to promote young people's resilience. It covers a range of issues including financial, physical, sexual and emotional well-being.

This Youth Bus project was initiated by Charlie as part of her research at the **University of Worcester** regarding the differences that occur around the accessibility and availability of some services. The launch event is pictured below.

The University commented that the leaflet and display material was **"highly professional and clearly targeted at a defined need"**.



The findings of the project indicated that the availability of services in rural areas is limited in comparison to those in urban areas, which in turn has negative implications on the mental health and general well-being of young people. Due to the bus's work in rural villages, we wanted to find another way in which to deliver support to young people who may face challenges trying to access information.

Hard copies of the leaflet are available upon request, and they will also be sent out to local organisations and Parish Councils. Digital copies are available online where you can also find the **'Here to Help You Directory'**, which contains an extended list of useful contacts.

If you would like to be sent additional copies of the leaflet or require further information please email [heretohelpyou@wychavon.gov.uk](mailto:heretohelpyou@wychavon.gov.uk).



*Summer is almost here...*  
**ARE YOU READY??**

**We are getting ready for the summer season...**

We are in the process of putting together our summer programme, so please get in touch as soon as possible if you would like a visit in your area.

**Follow Offenham and Stoulton's lead...**

Both villages have already booked the bus for regular sessions throughout the summer holiday. Thank you to both parish councils for their support and financial contributions to the service we provide.



**We are really looking forward to summer 2016** and have our fingers crossed for nice weather – then we can blow the cobwebs off our outdoor equipment and get stuck-in to a good game of rounders or football!

**Thought for the Month**

For those lacking self-belief...

**"Just believe in yourself. Even if you don't, pretend that you do and at some point you will."**



**Venus Williams**