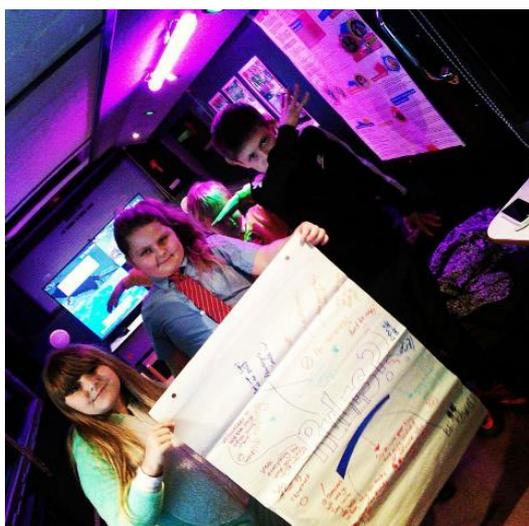


Youth Bus Update - September 2017

Welcome to our September issue of the Youth Bus newsletter.

The summer has flown by with over 30 sessions taking place on the youth bus! It's been hot on board the bus but we stayed cool with a range of summer activities including craft, music and sports alongside essential water and sun cream!

Read on to find out the latest news about the bus and what's coming up in the autumn.



Know your rights

We ran some sessions with young people to get them thinking about human rights. This involved discussions to get them thinking about issues affecting them and how human rights affect what we do every day within society.

A right to activities for young people was an important one to make sure all age groups are catered for in our communities and they feel included in what goes on.

The battle bus seeks your views!

Residents in Pershore saw the youth bus out and about as part of the Town plan consultation. This involved getting residents views on the future of Pershore including topics like housing, green spaces, transport and businesses.

We made stops at the Co-op and the leisure centre with a range of interactive displays alongside members of the Pershore Town Plan Steering Group. Michael Aimes, Town Plan Co-ordinator said "it was great to use the Youth bus as it got peoples attention and provides a unique setting for all ages".



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Into the next dimension...

After completing her 'Space project' (as featured in the May issue), Hannah Flavell has now completed her first year student placement on the youth bus. Hannah said she "really enjoyed working on the bus and it's a great facility for young people". Charlie has also now graduated from the University of Worcester and has moved on from the bus, good luck to both of them ☺

Tops Tips for Healthy Skin

As the summer is on its way out, Iona gives us some tips and natural remedies to keep you glowing with healthiness!!

- If it's still sunny remember to use sun cream and after sun, a regular moisturiser will also then protect your skin and keep that tan.
- Catch up on your beauty sleep as it will leave your skin looking refreshed.
- Eat lots of fruit and veg so you get enough vitamins to make you sparkle!
- Keep hydrated by making sure you drink enough water, it is recommended to have around 6-8 glasses a day. Water is available on the youth bus!



And why not try a home made face mask, such as the one below:

Mash half a banana , mix with this 1 tablespoon of orange juice and a tablespoon of honey, Apply this mixture to your face and leave for 15 mins, washing off with warm water and then moisturise.

Some dates for the autumn ...

We have a brand new schedule on its way to our members very soon. Remember we also have a rolling program each month so these carry on with the same days/weeks frequency for your village. Coming up soon:

Friday 15 September

Stoulton 4-5pm
Inkberrow 5.45-7pm

Wednesday 04 October

Middle Littleton 4 – 5.15pm
South Meadows 5.30 – 7pm

Thursday 05 October

Elmley Castle 4 – 5.15pm
Crophorne 5.30 – 7pm

Wednesday 11 October

Badsey 4-5.15pm
Bretforton 5.30-7pm

Thursday 12 October

Stoulton 4-5pm
Inkberrow 5.45-7pm

Wednesday 18 October

Great Comberton 4-5.15pm
Crophorne 5.30-7pm

New opportunities on the youth bus!

Hopefully you have seen we have been advertising for a range of opportunities on the youth bus. These include undergraduate placements, work experience opportunities and casual youth bus worker posts.



If your interested or want to find out more get in touch with Rob to have a chat about what's available. He will also be back at Worcester university next month to let the students know about what's available as part of their work based learning modules.

Thought for the month – Word of the wise autumn otter!



Autumn shows us how beautiful it is to let things go...FALL in love with taking care of yourself-
Mind, Body & Spirit

Follow us on #Instagram and join the #WychYouthBus family

@YouthBusOfficial

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Best wishes from,

Rob, Lee & Iona

The Youth Bus Team